

German Presstrip Alta - Guovdageaidnu (Kautokeino) -Karasjok – Lakselv

www.northernnorway.com

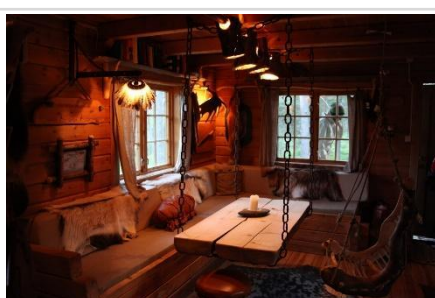
<https://destinasjonsapmi.no/kommuner/english/>

www.visitalta.no



Picture

Photo: Sami Siida Photo



Enholm Lodge Photo:Roger Johansen www.nordnorge.com



Photo: Beskades Rein

Date:	2. – 6. December 2024
Participants:	Elisa Jebelean, Augsburgsburger Allgemeine Christian Gergras, Mediengruppe PRESSEDruk Carolin Werthmann, Sueddeutsche Zeitung Ellen Spielmann, Kulinariker Regina Hemme, Burda
Places you will visit:	Alta - Guovdageaidnu (Kautokeino) -Karasjok - Lakselv
Tour Conductors:	Ms Antje Schlect Valio, Destinasjon Sapmi, tel. +47 967 43 833 antje@sapminh.no Mr Vetle Gjevestad Agledahl, Visit Norway, tel. +47 93 48 36 74 vetle.gjevestad.agledahl@innovasjon norge.no Mrs Rigmor Myhre, Northern Norway Tourist Board, tel.+47 958 55 320 rigmor@nordnorge.com

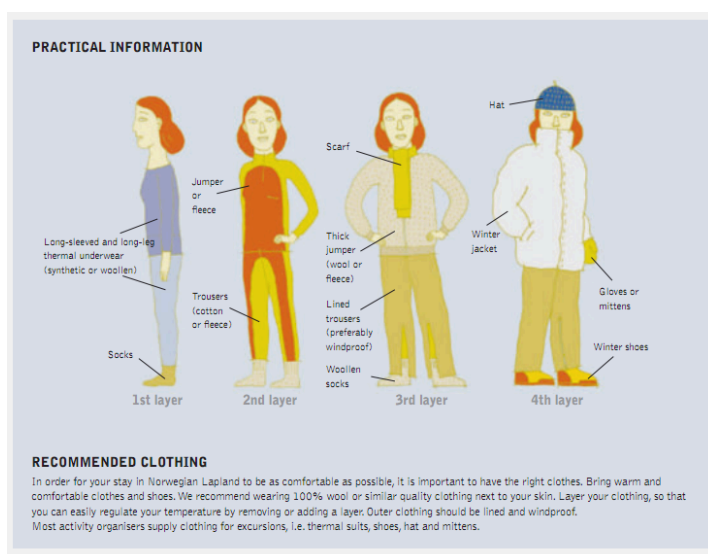
Date /Time:	Program:
2.nd December	Monday
17:10	Departing from Oslo with DY328
20:15	Arrival Alta Airport You will be met at the airport by Antje and Rigmor
	Transfer from the airport to the Hotel by Boreal. Driver on this tour will be mr. Peter Johannes Arnesen from Boreal

21:00 – 22:00ish	Light Refreshments provide by https://www.aeventyr.no/ at the hotel We will also have a chat about the program the next days. Visit Alta will join in for a chat as well. .
	Overnight stay at Canyon Hotel https://no.canyonhotell.no/hotel
3rd December	Tuesday
	Breakfast at the hotel and check out
08:30	Departure from the hotel, depending on weather condition the programme is a subject to change this morning
08:30 - 1300	<p>Option one: Visit Sami Siida Meet the reindeers, listen to the stories from Sami around a bonfire. Gain insights into Sámi culture. Did you know that they count eight seasons? Get closer to the reindeers and try sledding in a short track at the siida! www.samisiida.no.</p> <p>Departure from Sami Siida and drive to Gargia Lodge. Approx 30 min drive</p> <p>Snowmobile safari with Gargia Lodge If there is a place in Northern Norway where you can witness the typical Norwegian winter, it is in Finnmark. This county is home to Finnmarksvidda – the most extensive mountain plateau in Norway. Explore the continuous snow lands of the flat plains on a snowmobile trip with Gargia Lodge. This exciting outdoor adventure is curated to give you 2 hours of excitement and fun with outmost safety. We will eat lunch at Gargia Lodge.</p> <p>Note: Bring your driving licence in order to try driving the snowmobile. Departure fro Gargia Lodge at 13:00</p>
08:30 – 13:00	<p>Option 2: Fjord and Whale Adventure with Æventyr https://www.aeventyr.no/activities/fjord-whale-adventure</p> <p>Visit Sami Siida Meet the reindeers, listen to the stories from Sami around a bonfire. Gain insights into Sámi culture. Did you know that they count eight seasons? Get closer to the reindeers and try sledding in a short track at the siida! www.samisiida.no.</p> <p>Note: You'll be provided with warm suits, floating vest, gloves, boots, and goggles for your boat journey.</p> <p>Departure from Sami Siida 13:00-13:15</p>
14:00	Stop over for dessert at Suolovuopmi Mountain lodge where our host and owner Maj-Lis awaits us with her special cinnamon buns. Suolovuopmi Café/Restaurant has a low-stress atmosphere where guests can enjoy homemade meals from warm dishes to home-baked goods in historic and homely environment. They use raw materials from their own kitchen garden, the surrounding nature, fish from local water sources and meat from local producers in the area.
15:00	Drive to in Máze to visit to Čávžo Safari and Beskades Rein (20 min drive)

	<p>Čávžo Safari is owned and run by two generations, Johan and his daughter Risten. The entire family is involved in the business, which is their second occupation alongside being reindeer herders. Beskades Rein is owned by the same family, but Johans son Piera is running Beskades Rein, providing the meat needed to keep visitors happy and their bellies full. https://cavzo.no/?lang=en</p>
16:20	Departure from Máze to Kautokeino , approx. one hour drive
17:20	Arriving Thon hotel, check in
18:00	Departure from the hotel for a meeting with Aslak Sokki at Sokki Adventure
18:20	<p>Joining Aslak at his camp site for a evening full of activities, story telling, and fun facts related to the invention of automatic gear which Sámi people supposedly had quite an influence on. But humor aside, Aslak is a well versed reindeer herder and loves to share his knowledge about the traditional and newer ways of living with the reindeer. With him you'll learn how to catch reindeer with a lasso, and of course how to ride a reindeer sledge like in the older days of transportation – with a bit more competition and excitement added to it. www.facebook.com/sokkiadventure/</p> <p>Before our tour with Aslak we will visit his sister Anna Kristine and her husband Per Anders Bongo at Kautokeino Rein, who have provided our dinner. The family is seriously engaged in learning their ancestors and their own knowledge to the next generation which is why their whole family is involved in the daily chores of reindeer herding and of course further processing of the reindeer meat to valuable products. https://kautokeinorein.no/</p>
	Departure back to the hotel approx. 15 min drive
	Good night 😊
	Sleep over at Thon hotel Kautokeino
4th December	Wednesday
	Breakfast at the hotel Check out before 09:00. Luggage in the bus before morning walk
09:00	<p>Morning walk through Guovdageaidnu village with visit to Čoarvemátta Čoarvemátta is the new shared facility of The Sámi National Theater Beaivváš, and the Sámi High School and Reindeer Herding School, two important cultural institutions of The Sámi settlement area of Sápmi. The name comes from the Sámi words “čoarvi” and “mátta”, meaning “horn” and “root”, which characterize the strongest part of the reindeer antler - often used in duodji, traditional Sámi crafts and handicrafts. Snøhetta developed the proposal together with the architectural firm 70°N arkitektur, the entrepreneur Econor, and the artist Joar Nango.</p> <p>We will continue our walk from here along the walking path and also get a look at the new secondary school which also has been awarded with some attention due to its architecture and design process.</p> <p>Our walk concludes at Diehtosiida - House of Knowledge which houses both the only Sámi University in the world and other important institutions such as a department of the Sámi Parliament</p>
10:30	Departure from Diehtosiida

10:45	Visit to Juhls Silver Gallery and delve into an oasis of inspiration and contrasts, containing fantastic jewellery designed and handmade in the heart of Inner Finnmark, inspired by the Sámi culture and nature of the Finnmark plateau. Enjoy a lovingly chosen selection of handicraft from all Scandinavia and take in an architecture that has its very own history. https://www.juhls.no/
12:15	Departure from Juhls Silver Gallery - 15 min drive
	After the tranquility at Juhls Silvergallery we visit Arctic Urbi where we will meet Mai-Britt Eira, one of the owners. The name Urbi stands for sprout in Sámi language. May Britt is passionate about how the Sámi have been using nature in the arctic both for food and medical purposes. Combined with her knowledge and life as a reindeer herder, you will get to dive into a genuine type of food platter. https://www.arcticurbi.no/
	Lunch at Arctic Urbi
13:45	Departure Kautokeino and drive to Karasjok for sleep over. Approx 1,5 hours drive
15:45 - 17:00	Visit Skodi Rein https://skodi-rein.no/om-oss/ The love for reindeer and reindeer herding has always been central to Karen Utsi Sara and John Anders Sara lives. They want to do their part to keep the old Sámi traditions alive, and Skodi Rein became their contribution to this.
	Drive to Jergul Astu where we will spend the evening and sleep over
	Jergul Astu is situated right in the heart of an extensive trail and road network and a perfect stop for travelers exploring the area. The place is owned and operated by the Holmestrand family, Jergul Astu is a cozy place to stay with exquisite local food, reflecting our regions eight distinct seasons. Jergul Astu includes a restaurant building with a sauna, jacuzzi, a hotel with eight rooms, a conference hall, three cozy cabins, and the renovated original mountain lodge called Ávjovárre. The word "Astu" means "to have time" - so this is the perfect place to warm up and recharge after a day of outdoor activities. www.jergulastu.no PS. Bring clothes (bikini, bathing clothes) as there might be possible to try the Jacuzzi and Sauna at Jergul Astu and/orEngholm Design Lodge
	We spend the evening at this place including dinner. The word "Astu" means "to have time" - so this is the perfect place to warm up and recharge after a day of outdoor activities.
	Sleep over at Jergul Astu
5th December	Thursday
	Breakfast at Jergul Astu
09:00	Departure
09:30 - 11:45	Visit to Min Ája and duodji (Sámi handicraft) workshop with Mávga. Silje Halonen and her family are the heart and soul of a special camping site in the village of Karasjok. We will visit her and have a peak at her beautiful modern suites and cabins. In addition we will meet Marit Gunhild who is a Sámi tradition bearer and passionate about sharing knowledge both of the Sámi world view and traditions especially within duodji, Sámi handicraft. That's why she will invite us to a small duodji workshop while telling us stories about herself and the Northern Sámi and providing us with a small taste of the local nature. Min Ája www.minaja.no
11:45	Departure

12:00	Lunch at Scandic Hotel Karasjok
	Departure from Scandic
13:00 – 16:00	Spend the afternoon together with Samipath https://www.samipath.com/ We are going on an ice fishing trip with them and will learn more about how to fish in the traditional way (net fishing under the ice). If we get lucky and get a catch, we will cook the fish fresh and get a taste of pure arctic food. The cooking will be taking place in a tent.
Approx 16:00	Drive to Engholm Design Lodge where we will spend the rest of the day
	Engholm Lodge is a great example of the cultural diversity in Inner Finnmark. Founded by Sven Engholm, a former dog sled racer and explorer, the lodge offers a range of winter activities, such as dog sledding excursions, snowshoeing, cross-country skiing, and aurora borealis (Northern Lights) excursions. In addition to its exciting outdoor adventures, Engholm Husky boasts cozy and stylish accommodations in its unique design lodge. The lodge is a fusion of traditional Sami culture and contemporary design, featuring beautiful and modern furnishings, as well as a sauna, outdoor hot tub, and gourmet cuisine. https://www.engholm.no/accommodation/
	We will have dinner this evening at Engholm Lodge
	Overnight stay at Engholm
6th December	Friday
	Breakfast at Engholms Lodge
09:00	Departure to Lakselv (approx. 1 hour drive)
10:00 – 11:30	Visit Juga Brewery with beer tasting and lunch Before leaving this wonderful region we will make a stop at Juga brewery and enjoy some local brews. With Sea Sámi flair and local ingredients, Juga brews distinctive types of beer. Located close to the airport and next to the old officers' barracks that was built right after the second world war. https://www.facebook.com/profile.php?id=100063641169619
	Transfer to the airport
13:00	Departure with DY303 to Oslo



Clothing:

In order for your stay in Northern Norway to be as comfortable as possible, it is important to have the right clothes. Bring warm and comfortable clothes and shoes. We recommend wearing 100% wool or similar quality clothing next to your skin. Layer your clothing, so that you can easily regulate your temperature by removing or adding a layer. Outer clothing should be lined and windproof. Most activity organisers supply clothing for excursions, i.e. thermal suits, shoes, hat and mittens.

